

# Serving Douglas And Sarpy Counties Since 1965.

**ENCAP** has been providing social and human services to people facing poverty in Douglas and Sarpy Counties since 1965. Major program areas include:

**CRISIS ASSISTANCE:** Offers emergency rent and utility assistance, along with case management, employment support, financial education, community connection, and public benefits assistance. All services are designed to increase social and economic well-being and improve the participant's ability to access community resources independently, and prevent future financial crises.

**SENIOR WELLNESS:** Helps older adults 60+ maximize their independence. Until COVID-19 halted in-person interactions, ENCAP offered seniors classes to help them build strength, increase flexibility, and reduce the risk of falls. Since vaccinations became widely available, seniors have returned to ENCAP for evidence-based exercise, gardening, cooking and nutrition classes, and outings in the community.

**FAMILY WELL-BEING:** Prevents families from entering the child welfare system and helps them build resiliency through a coalition of community partners in Douglas County via Community Response (DCCR) ENCAP Support Services Staff connect families to hardship assistance and provide ongoing coaching.

**FOOD & NUTRITION:** Delivers monthly food boxes to seniors 60+ with little to no income, offers a community garden to clients and neighbors, and operates the Bellevue Food Pantry. Driver team provides door-to-door food delivery to individual households through service agreements with Douglas County Community Response and Women's Center for Advancement. We added food delivery service to Bellevue in summer 2021.

**TRANSPORTATION:** Provides rides to and from school to OPS students enrolled in ESL/migrant programming or who are experiencing homelessness, to job seekers, and seniors 60+ attending program activities at ENCAP. We collaborate with Project Everlast Omaha to give daily rides to and from work, including transport of their children, to young adults who have aged out of foster care and are working to establish independence.

## Eastern Nebraska Community Action Partnership

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@encapnebraska

[encapnebraska.org](http://encapnebraska.org)



**Eastern  
Nebraska  
Community  
Action**

## ENCAP's Board of Directors

is composed of one-third private sector representatives, one-third elected officials or their designees representing our service area, and one-third representatives of the low-income community.

### Board Members

Aban Laa

Azar Web III

Chalis Bristol

Cindy Grove  
*(Mayor of Valley)*

Claudia Granillo

Dan Esch  
*(Douglas County Clerk)*

Dawn Cornelius

Jennifer Gaughan

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*(Designee of Bellevue City Council  
Member Thomas Burns)*

Tom Weigent

Aaron Bowen  
*(Executive Director)*



**Eastern  
Nebraska  
Community  
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# Annual Report 2021

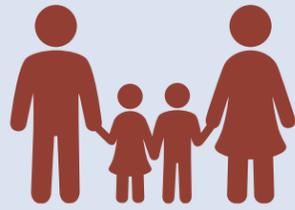


**ENCAP's mission is to reduce the power of poverty in Eastern Nebraska through direct service and results-driven partnerships.**

[encapnebraska.org](http://encapnebraska.org)

# Impact Numbers (FY21)

October 1, 2020 – September 30, 2021



**21,971** services were provided to **11,920** individuals.



**5,553** individuals received food assistance through the Bellevue Food Pantry



**5,200** meal kits were delivered to individual households experiencing food insecurity



**17,064** food boxes were distributed to **1,422** low-income seniors through the Commodity Supplemental Food Program (CSFP).



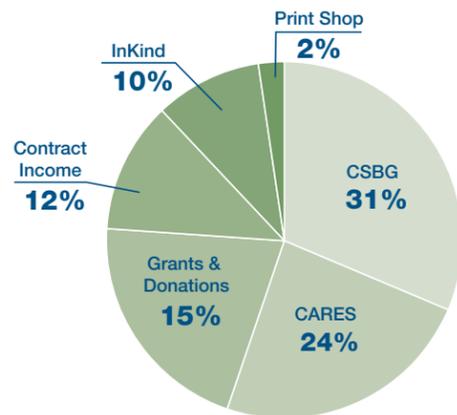
**1,100** safe rides to school and aftercare programs were provided to approximately **330** ESL, migrant, and homeless students (pre-K to high school)



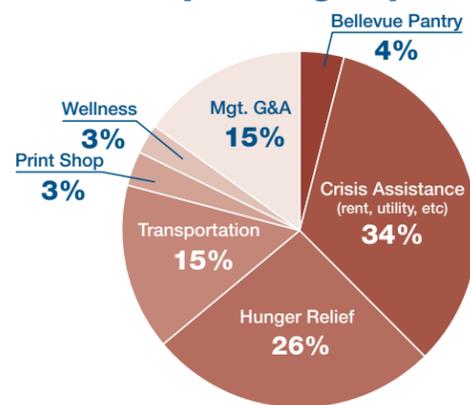
**4,467** individuals (1,489 households) avoided homelessness as a result of emergency rent or utility assistance

## Financials

### Revenue



### Operating Expenses



### Net Assets

12/31/2020	1,168,819
12/31/2021	1,611,445

- Contract Income is income received from transportation and food delivery contracts.
- InKind represents food provided from the USDA through the CSFP to counter food insecurity.

- Crisis assistance**—emergency rent & utility assistance, case management
- Nutrition**—Providing food support to those in need and facing food insecurity
- Transportation**—This program helps transport individuals (students, elderly, etc.) in addition to transporting food
- Print Shop**—North O Print Co. is a small social enterprise that offers screen printed apparel (northoprintco.com).
- Mgt General & Administrative**—represents expenses used to support the entire operations and impact each program

- CSBG is the Community Services Block Grant, federal funding for designated for Community Action Agencies (CAAs) to combat poverty.
- In response to the COVID-19 pandemic, CAAs received an additional portion of CSBG funding via the CARES Act. This funding expires on 9/30/22.
- CARES represents monies issued by the DHHS to be used in years 2020-2022.

As the designated Community Action Agency for Douglas and Sarpy Counties, ENCAP receives federal anti-poverty funds via the Community Service Block Grant (CSBG). As a recipient of these funds, we are required to leverage those CSBG funds to secure non-federal support. This non-federal support is essential to building and developing innovative programming and sustaining the agency's most high-impact services.

## 2021 Highlights: Strong Partnerships = Strong Programs

In 2021, the COVID-19 pandemic and resulting economic fallout continued to cause significant hardship in our community, especially for households already facing health, housing, and food insecurity challenges due to poverty. When a family reaches stability after crisis, they gain hope and a greater sense of wellbeing. Your steadfast commitment to ENCAP's work bolstered our ability to respond.

- ENCAP distributed \$400,000 in crisis assistance.** Support Services is a core component of ENCAP's efforts to prevent and reduce the impact of poverty on households in its service area. Staff provide services that align with an evidence-based, Social Work program model. Each participant is offered case management services with the goal of enhancing their overall well-being and building skills and knowledge to better respond to future challenges.
- ENCAP launched a food delivery program designed to provide households with supplemental meal packages delivered right to their doorstep, increasing access to sufficient food, and reducing food insecurity. When the program began in 2020, 30 families received food deliveries each week. **During FY21, this number grew to 100 families per week covering 20 of 31 zip codes in Douglas County** via referrals through agencies partnering with **Douglas County Community Response** (<https://douglascountycr.org>).
- ENCAP changed to a meal-based delivery program, meaning the items supplied are now coordinated with recipe suggestions so that families can make a meal out of the food delivered. Up to 90% of the products in each meal box are donated through community partners **including Food Bank for the Heartland, Whispering Roots, and Saving Grace perishable food rescue**. We select one donated food item to feature each week, and ensure that all of the food groups are represented (dairy, grain, fruit, vegetable,



**“Without transportation services, I do not think I would be able to provide for me and my child. It's scary.”**

and protein) by incorporating the USDA guidelines for “My Plate” when developing the contents of the box.

- Research has found a strong relationship between physically inactive lifestyles and the onset of chronic conditions that can lead to disability in later years. **ENCAP implemented two evidence-based programs – Bingocize and Healthy Moves for Aging Well – that aim to maximize independence of older adults by building strength, increasing flexibility, and helping to reduce the risk of falls.** Last year 67% of Health Moves participants improved in one or more fitness tests. 100% improved lower body strength, agility, and dynamic balance. 75% improved upper body flexibility; 67% improved upper body strength and aerobic endurance; and 50% improved lower body strength and flexibility. Beyond improving their health, our seniors are important social connections and peer encouragement.

## Thank You For Your Financial Support!

Collaboration is at the core of our work to reduce the power of poverty in the community. Together we are emerging stronger and making a meaningful difference. ENCAP is generously supported through the Community Services Block Grant, City of Bellevue's Community Development Block Grant program, USDA's Commodity

Supplemental Food Program, Weitz Family Foundation, Omaha Community Foundation, William and Ruth Scott Family Foundation, The Lozier Foundation, Sherwood Foundation, Midlands Community Foundation, Veteran Support Association, Inc., and private donations from individuals, churches, and community groups.